



August 2010

As of 8/17/10 3:40pm



| WTAR MON | WTAR TUES | WTAR WED | WTAR THURS | WTAR FRI | WTAR SAT/SUN | WNIS SAT | WNIS SUN |
|--|--|--|--|--|---|--|---|
| | | | | | | | 1 10-11 Unimed 11-12 Capital Gold 12-1p Tower Benefit |
| | | | | | 1 11a-1p Motorcycle Mania | | |
| 2 4-5p 5-6p Mortgage Shop | 3 4-5p 5-6p Mason & Associates | 4 4-5p 5-6p | 5 4-5p <i>EVMS (Dr Andrea Thurmanat)</i> 5-6p Atlas Structural Solutions | 6 4-5p Eggleston Svcs 5-6p HRSD | 7 11a-12n Unity Church 8 11a-1p Motorcycle Mania | 7 7-8 Re/Max 8-9 9-10 Income for Life 10-11 Equity for Life 11-12 Mechanical Svc Co 12-1 Mutual Fund Store | 8 10-11 Unimed 11-12 Capital Gold 12-1p Phoebus Auction Gallery |
| 9 4-5p 5-6p | 10 4-5p Equity One 5-6p HVAC Warehouse | 11 4-5p 5-6p <i>EVMS (Dr Archer & Dr Kimble)</i> | 12 4-5p Senior Corp 5-6p | 13 4-5p JES Construction 5-6p HRSD | 14 11a-12n Unity Church 15 11a-1p Motorcycle Mania | 14 7-8 Equity For Life 8-9 <i>Tycon Medical</i> 9-10 Bunting Capital 10-11 Hmpton Rds Home Pros 11-12 Trane Dealers 12-1 Mutual Fund Store | 15 10-11 Unimed 11-12 Capital Gold 12-1p Tower Benefit |
| 16 4-5p Geeks on Call 5-6p Mortgage Shop | 17 4-5p 5-6p Mason & Associates | 18 4-5p <i>AAPECS</i> 5-6p Home Instead | 19 4-5p <i>Virginia Beach Rescue</i> 5-6p Atlas Structural Solutions | 20 4-5p Eggleston Svcs 5-6p HRSD | 21 11a-12n Unity Church 22 11a-1p Motorcycle Mania | 21 7-8 Re/Max 8-9 Tycon Medical 9-10 Income for Life 10-11 Equity for Life 11-12 Trane Dealers 12-1 Mutual Fund Store | 22 10-11 Unimed 11-12 Capital Gold 12-1p Phoebus Auction Gallery |
| 23 4-5p TBD 5-6p Mortgage Shop | 24 4-5p Equity One 5-6p HVAC Warehouse | 25 4-5p <i>Equity One</i> 5-6p MRO Computers | 26 4-5p Senior Corp 5-6p <i>Precision Spinal Care</i> | 27 4-5p JES Construction 5-6p HRSD | 28 11a-12n Unity Church 29 11a-1p Motorcycle Mania | 28 7-8 Equity For Life 8-9 Air Conditioning Spec. 9-10 Bunting Capital 10-11 Hmpton Rds Home Pros 11-12 Trane Dealers 12-1 Mutual Fund Store | 29 10-11 Unimed 11-12 Capital Gold 12-1p Phoebus Auction Gallery |
| 30 4-5p <i>Mortgage Shop</i> 5-6p <i>Tidewater Eye Centers</i> | 31 4-5p TBD 5-6p Mason & Associates | | | | | | |